



## ALYSON HANNIGAN, ACTRESS AND MOM OF TWO

Actress Alyson Hannigan is ready for her next big role! Having starred in popular hit television shows, and on the big screen, she's now taking on a special role as the mom ambassador of *SMILING IT FORWARD*<sup>™</sup>, a program sponsored by the makers of *TYLENOL*<sup>®</sup> to help spread smiles of good health to children in need.

As a tried-and-true *TYLENOL*<sup>®</sup> mom, Alyson will do anything to keep her daughters (Satyana, 4, and Keeva, 1) smiling, healthy and happy. But when their smiles fade and they aren't feeling well, her doctor is only a phone call away.

But for many families, it's not that easy. That's why she's *SMILING IT FORWARD*<sup>™</sup> and encouraging everyone to share their photos on [SmilingItForward.com](http://SmilingItForward.com) – because every child deserves a chance at a healthy future.

When not playing mom, Alyson stars in the Emmy<sup>®</sup> award-winning CBS sitcom, *How I Met Your Mother*. Always a fan favorite, Alyson's performance earned her the People's Choice Award for Favorite TV Comedy Actress in 2010. *How I Met Your Mother* has been nominated for 24 Emmy<sup>®</sup> Awards, winning seven, while also winning the 2012 People's Choice Award for Favorite Network TV Comedy.

You might also remember Alyson from the hit series *Buffy the Vampire Slayer*. Her other television credits included a recurring role on *Veronica Mars*, *That 70's Show* and *Angel*. Alyson has also starred in the successful franchise *AMERICAN PIE* films, with the most recent, *AMERICAN REUNION*, being released in 2012.

Born in Washington, D.C., little Alyson began her acting career in Atlanta at the tender age of four, starring in commercials. She later moved on to Hollywood where she attended North Hollywood High School and California State University, Northridge, earning a degree in psychology.

Alyson currently lives in Los Angeles, where she enjoys spending time away from the cameras with her husband and two daughters.





**TANYA REMER ALTMANN, MD, FAAP**

Tanya Altmann, MD, FAAP, is a UCLA-trained pediatrician practicing in Southern California, and the happy mother of two. In addition to her private practice, Dr. Tanya is an Assistant Clinical Professor at Mattel Children's Hospital at UCLA and the Chief Medical Advisor for the Newborn Channel. Dr. Tanya is also a Fellow of the American Academy of Pediatrics where she is frequently called upon to communicate complicated medical issues into easily understood concepts. Of course, this makes her a perfect partner in the **TYLENOL® SMILING IT FORWARD™** campaign, which she participates in proudly.

Beyond her extensive medical work, Dr. Tanya is also an accomplished writer, authoring the best-selling book *Mommy Calls: Dr. Tanya Answers Parents' Top 101 Questions About Babies and Toddlers*. She is Editor-in-Chief of the American Academy of Pediatrics' parenting book *The Wonder Years* and Associate Medical Editor of their best selling *Caring for Your Baby and Young Child: Birth to Age 5*.

And if that isn't impressive enough, Dr. Tanya also serves as a child health expert for numerous news programs and talk shows, including *Today* (NBC) and *KTLA 5 Morning News @9* (CW Los Angeles). She's been quoted in hundreds of periodicals including *Newsweek*, *USA Today*, *Los Angeles Times* and *Parents Magazine*. Her popular parenting workshops help moms and dads through the day-to-day ups and downs of raising their kids. She responds to caregivers concerns and blogs on controversial topics for a variety of health and parenting websites including *WebMD* and *TODAYMoms*. In addition, Dr. Tanya serves on the Editorial Advisory Board for *Sharecare*, a new interactive healthcare website.

